

# LIFESTREAM Product information



- Enhances adequate movement of blood through the body, which is crucial to good health.\*
- Keeping the heart strong and healthy is a specific component of the formulation with herbs known for circulation-strengthening activities.\*
- Herbal ingredients include \* **sophora flower**
- Designed to address the circulatory and promote balance and fluidity throughout the body
- Based on the Philosophy of Regeneration®, Lifestream® is designed to maintain optimum health through proper nutrition and keep the body in balance

Lifestream® supplement is designed to address the circulatory system with "water element" herbs that help promote balance and fluidity throughout the body.\* This formula enhances adequate movement of blood through the body, which is crucial to good health. Exclusively formulated with a proprietary blend of concentrated herbs for effectiveness, Lifestream® is a unique combination of Eastern herbal tradition and Western science.

**Ingredients Include:** Cassia Tora Seed, Gou Teng, Sophora – and Chrysanthemum Flower, Orange Peel, Dwarf Lillyturf-, Ginseng-, Ginger- and Pinella Root.



\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

**Sophora japonica**, otherwise known as Japanese pagoda tree, is native to eastern China and Japan. Its beautiful white flowers make it a prized ornamental tree all over the world. But, it's not only beautiful, it's also very beneficial to the circulatory system.

Sophora japonica has a documented history of being used to promote optimal vein health and it's actually one of the fifty fundamental herbs in traditional Chinese medicine.

### **Why is Sophora Japonica Effective?**

Many plants and botanicals contain a range of highly active and beneficial phytonutrient compounds; Sophora japonica is no exception. Sophora japonica contains two potent flavonoids, troxerutin and oxymatrine, which exhibit strong antioxidant activity and have repeatedly been shown to support circulatory system health.

### **Sophora Japonica and Cardiovascular Health**

Although Sophora japonica promotes healthy blood vessels, it also promotes overall cardiovascular system health. It supports normal heartbeat and helps create an environment that's less susceptible to blood clot formation. Preliminary animal models suggest that oxymatrine may even protect the heart and improve its functionality.

### **Sophora Japonica and Hemorrhoids**

Hemorrhoids, which are categorized by swollen and uncomfortable blood vessels around the anus, are an unpleasant, but an extremely common concern. Topical creams, ointments, and cushions are common therapies but many people understandably prefer herbal [remedies that promote venous health](#), rather than simply temper unpleasant symptoms.

The beneficial compounds contained within Sophora japonica may make it one of the best herbal supplements for hemorrhoids. Troxerutin has vasoprotective properties.

### **Supplementing with Sophora Japonica**

Whether you suffer from hemorrhoids or are simply looking for a natural botanical that naturally supports your circulatory system, Sophora japonica may be an herb for you to consider adding to your supplement regimen. Although you should always consult with your trusted health care advisor before beginning new therapies, the evidence for Sophora japonica is largely positive and it's not associated with negative side effects. It's a component of many circulatory system support formulas that contain other healthful herbs like [butcher's broom](#) and [gotu kola](#).

